

## THINGS TO EXPECT AFTER LASIK SURGERY

Most patients notice significant improvement in their vision immediately after their LASIK surgery. The majority of our patients can see well enough to drive themselves to their one day post operative appointment and even return to work the day after surgery. However, everyone heals differently, and therefore everyone experiences improvement in their vision at their own pace.

- Please have someone available to drive you for your one day post operative appointment on the possibility you are not feeling comfortable enough with your vision to drive yourself.

While LASIK is known for quick recovery and no pain, some discomfort post procedure is always a possibility. If you feel discomfort, it could last between 1 and 2 days. This is normal. If you experience pain and decrease in vision, call the office immediately. This is not normal. You may experience any of the following symptoms after your procedure and these are all normal:

- Moderate to significant discomfort
- Light Sensitivity
- A scratchy, grittiness or burning sensation
- More tearing than usual
- Vision may appear particularly blurry for several days
- You may notice red spots in the whites of your eyes
- For the first few weeks, you may notice fluctuations in your vision, particularly when driving
- Your eyes may feel dry for up to 2 months following your treatment; use artificial tears to alleviate dry eyes
- Halos around lights at night, gradually subsiding over several months
- If you have discomfort, you may take Advil, Nuprin, Tylenol, or Aspirin for relief

The best way to manage any discomfort and to heal properly is to rest and keep your eyes closed. Use your tears frequently. If you experience any pain that you believe is not normal, do not hesitate to call us at 1-617-636-4600 (after office hours).

\*PLEASE REMEMBER to bring your post operative kit, which includes your eye drops, along to both your 1 day and 1 week post operative visits as the Optometrists will want to review your drop regimen with you at each visit.